



# I'M IN THE MOOD



**Tip for Parents:** Notice how your child moves and sing lyrics to match their movements!

Pay attention to what movements or activities your child likes and sing about them

## Skills Targeted:

- Small and large body movements and gestures
- Listening and following directions
- Describing your own movements or actions



## Other Activities:

- Sing about every day activities (e.g., I'm in the mood for brushing, brushing my teeth; I'm in the mood for playing, playing with my toys)
- Take turns coming up with movements and gestures to follow



## Dialogic Questions:

- What are you in the mood to do?
- I'm in the mood for \_\_\_\_\_. (let child fill in the blank)
- How should we move or dance next?



Spotify